

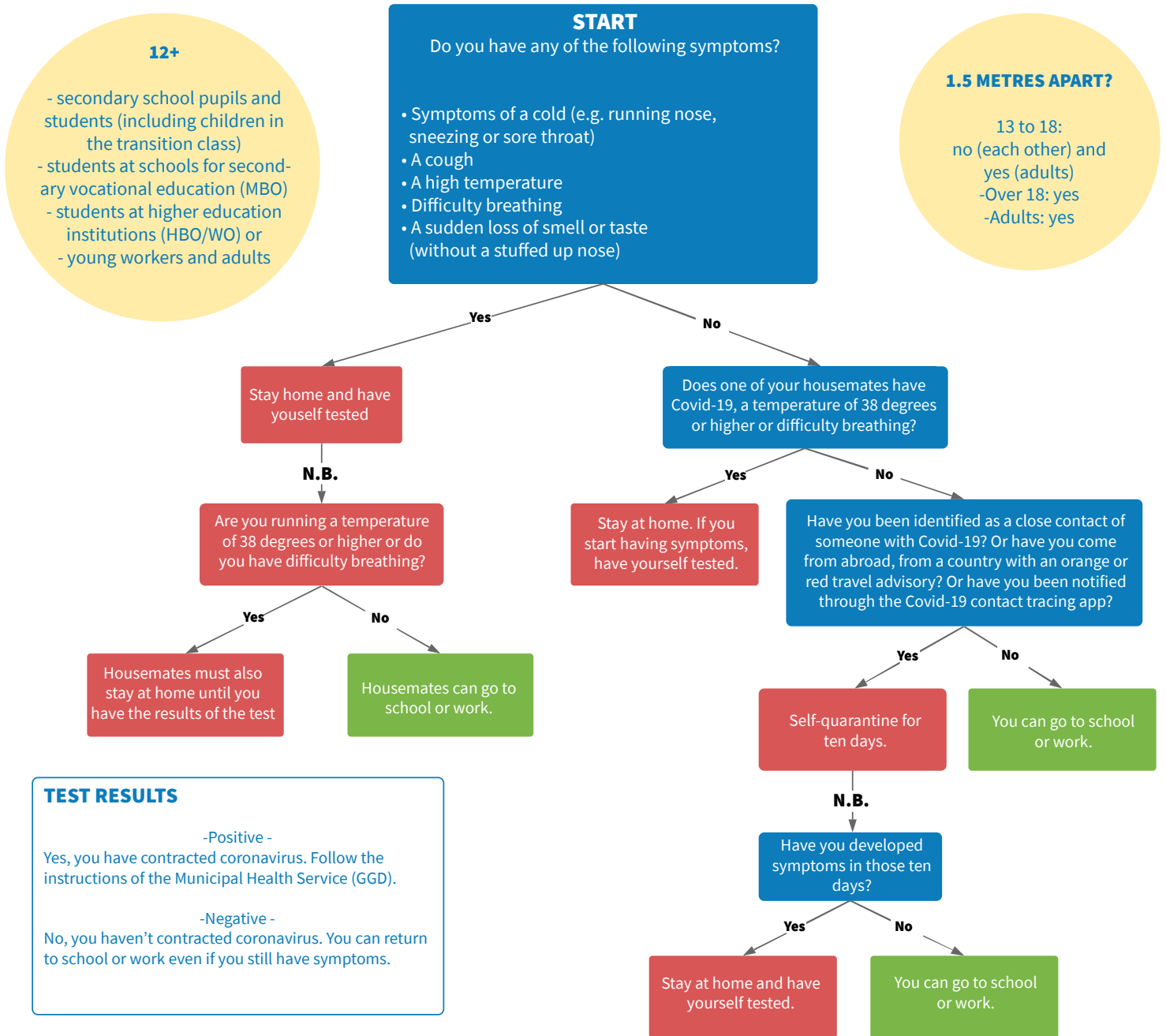
This flowchart was developed on the basis of the National Institute for Public Health and the Environment (RIVM) guidelines and provides guidance for the parents of secondary school students (from the age of 12), and for students at schools for secondary vocational education and institutions of higher education, young workers and adults.

This flowchart will help you decide whether you can go to school/work. It is for people in good health, with no underlying medical problems.

There is also a decision flowchart for children in the 0 to 12 age group.

The outcome of the process described in this flowchart does not apply to other housemates, family members, brothers or sisters. The process should be applied separately to each in turn.

This flowchart is adapted regularly in response to new or updated regulations. For the latest version go to [www.boink.info/coronavirus-kinderopvang](http://www.boink.info/coronavirus-kinderopvang) or the website of AJN Jeugdartsen Nederland (Association of Pediatricians in the Netherlands) [both websites in Dutch only].



**12+**  
- secondary school pupils and students (including children in the transition class)  
- students at schools for secondary vocational education (MBO)  
- students at higher education institutions (HBO/WO) or  
- young workers and adults

**1.5 METRES APART?**  
13 to 18:  
no (each other) and yes (adults)  
-Over 18: yes  
-Adults: yes

**TEST RESULTS**

-Positive -  
Yes, you have contracted coronavirus. Follow the instructions of the Municipal Health Service (GGD).

-Negative -  
No, you haven't contracted coronavirus. You can return to school or work even if you still have symptoms.

**HOW LONG MUST I STAY AT HOME?**

This differs from situation to situation. Go to the [government.nl](http://government.nl) website and look under the heading 'Self-quarantining (staying at home) due to coronavirus'.

If you have any questions, please contact your doctor, the Youth Health Service or your regional Municipal Health Service's infectious disease specialist. You can also phone the government's coronavirus helpdesk, tel. 0800 1351 (free of charge, open from 08.00 to 20.00)