

CORONAVIRUS DECISION FLOWCHART 12+ Should I stay at home or go to school / work?



This flowchart was developed on the basis of the National Institute for Public Health and the Environment (RIVM) guidelines and provides guidance for the parents of secondary school students (from the age of 12), and for students at schools for secondary vocational education and institutions of higher education, young workers and adults.

This flowchart will help you decide whether you can go to school/work. It is for people in good health, with no underlying medical problems.

There is also a decision flowchart for children in the 0 to 12 age group.

The outcome of the process described in this flowchart does not apply to other housemates, family members, brothers or sisters. The process should be applied separately to each in turn.

This flowchart is adapted regularly in response to new or updated regulations. For the latest version go to www.boink.info/coronavirus-kinderopvang or the website of AJN Jeugdartsen Nederland (Association of Pediatricians in the Netherlands) [both websites in Dutch only].

START Do you have any of the following symptoms? 12+ 1.5 METRES APART? - secondary school pupils and • Symptoms of a cold (e.g. running nose, students (including children in 13 to 18: sneezing or sore throat) the transition class) no (each other) and A cough - students at schools for secondyes (adults) A high temperature ary vocational education (MBO) -Over 18: yes Difficulty breathing - students at higher education -Adults: ves • A sudden loss of smell or taste institutions (HBO/WO) or (without a stuffed up nose) - young workers and adults No Does one of your housemates have Stav home and have Covid-19, a temperature of 38 degrees youself tested or higher or difficulty breathing? N.B. Are you running a temperature Stay at home. If you Have you been identified as a close contact of of 38 degrees or higher or do you have difficulty breathing? someone with Covid-19? Or have you come start having symptoms have yourself tested. from abroad, from a country with an orange or red travel advisory? Or have you been notified through the Covid-19 contact tracing app? No Yes stay at home until you nave the results of the test Self-quarantine for **TEST RESULTS** N.B. -Positive -Have you developed Yes, you have contracted coronavirus. Follow the symptoms in those ten instructions of the Municipal Health Service (GGD). days? -Negative -

HOW LONG MUST I STAY AT HOME?

This differs from situation to situation. Go to the government.nl website and look under the heading 'Self-quarantining (staying at home) due to coronavirus'.

No, you haven't contracted coronavirus. You can return to school or work even if you still have symptoms.

This flowchart was produced by BOINK (Association of Parents of Children in Childcare), AJN (Association of Pediatricians in the Netherlands and the National Institute for Public Health and the Environment (RIVM).

If you have any questions, please contact your doctor, the Youth Health Service or your regional Municipal Health Service's infectious disease specialist.

Stay at home and have yourself tested.

You can also phone the government's coronavirus helpdesk, tel. 0800 1351 (free of charge, open from 08.00 to 20.00)



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